



DID YOU HEAR,
THE 50+ YOUNG AT HEART
(("BUNCH THAT LUNCH"))

MEETS ONCE A MONTH AT THE OAK GROVE
COMMUNITY CENTER FROM 12:00PM-2:00PM, THEY
PLAY GAMES SHARE A MEAL & HAVE LOTS OF FUN
GETTING TO KNOW EACH OTHER

JAN 26TH

FEB 23RD

MAR 22ND

APR 26TH

MAY 31ST

JUNE 28TH

JULY 26TH

AUG 30TH

SEPT 27TH

OCT 25TH

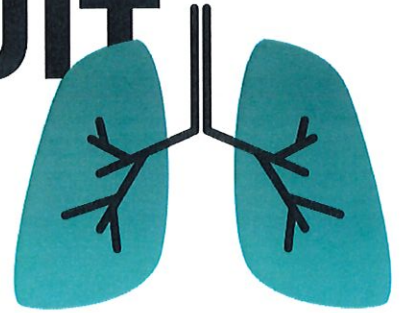
NOV 22ND

DEC 20TH



READY TO QUIT IN 2024?

We Can Help!



The Christian County Health Department, Community Medical Clinic and Kentucky Cancer Program have partnered together to offer a **FREE** session to provide you the resources to help you be successful in your tobacco quit.

Plan to Be Tobacco Free has assisted thousands of Kentuckians to stop using tobacco. You will also receive **FREE** nicotine replacement therapy and help in creating a personalized quit plan that works for you!

January 8 | 11:30am - 12:30pm
Oak Grove Community Center

January 8 | 2:30pm - 3:30pm
Community Medical Clinic, Hopkinsville

January 11 | 11:30am - 12:30pm
UK Extension Office, Princeton

Reservations Required!

Call 270.632.6741 or 270.821.4298
or email caroline.rodgers@louisville.edu
for more information and to register.

Scan to
register!

